



# Wellington Sunday Football League Rules

The WSFL follows the latest FIFA Laws of the Game for in-game rules. You can read these [HERE](#).

This is an 11-a-side League.

## **Objective of the League -**

To provide an opportunity for teams and players to participate in a football league

## **Spirit of the Game Statement**

1. The objective of the Wellington Sunday Football League's Spirit of the Game statement is to recognise that there is a critical element of the conduct of a game of Wellington Sunday Football League games that cannot be the subject of written rules nor of regulation by the administrators of the competition.
2. This element is the fairness, decency and honesty which coaches, players, referees and spectators must bring to the conduct of the game on every occasion and in all situations which arise in the conduct of the game.
3. Football games are played to be won and football is a contact sport so it is expected that games will be hard fought and physically demanding. However, the WSFL also requires that each game is played within both the written rules of the game and the Spirit of the Game.
4. Each participant is personally responsible for ensuring his or her behaviour is fair, decent and honest.
5. The desire for victory must not outweigh:
  - (a) the ideals of sportsmanship which are the foundation of the game, and
  - (b) the reputation and integrity of the Wellington Sunday Football League and its competitions.
6. At the end of a game each person involved with the winning team should honestly be able to say that the team played fairly, decently and honestly, and behaved in a sportsmanlike manner in victory.
7. At the end of a game each person involved with the losing team should honestly be able to say that the team played fairly, decently and honestly, and behaved in a sportsmanlike manner in defeat.
8. Even in the heat of the game all participants must conduct themselves fairly, decently and honestly and with respect for:

- (a) the opposition,
- (b) the Wellington Sunday Football League, and
- (c) the game of Football.

Normal relevant football rules apply except as outlined below.

#### **Teams -**

Maximum of sixteen (16) players per game.

#### **Substitutions - Rolling Subs.**

The substituted player must leave the field prior to the substitute coming on.

#### **Referees -**

Referees interpretations and decisions are final.

Referees will file a report when needed.

#### **Bookings & Disciplinary**

Teams are expected to maintain their own discipline at all times.

Any players not playing in the "Spirit of the game" are expected to rectify their attitude or be stood down/removed from the competition. Players receiving a red card must be stood down for at least one game determined by the seriousness of the offence.

If a team wants to pursue an issue, they'll have to send a written report to [WSFL@SportZone.org.nz](mailto:WSFL@SportZone.org.nz) which will be assessed and replied to.

Bookings & Disciplinary Teams are expected to behave at all times. A very high standard is expected from all teams and players.

Referees will pass disciplinary reports to the organisation after each game if required..

A yellow and red cards list may be published on the league's Facebook page, visible to everyone.

Accumulating 6 Yellow Cards will mean the player will miss one (1) game. 10 Yellow Cards will mean missing two (2) games and a disciplinary meeting with the WSFL Panel and the Team Manager to make sure the team is taking the right steps in controlling the player's behaviour.

Red cards will be assessed between the referee and the organisation panel and a ban will be determined by the seriousness of the offence, with a minimum 1 match ban.

If a team fields a banned player, an automatic 3-0 loss will ensue.

Teams with several red cards will be called to a meeting to sort out behavior.

Any players involved in violent conduct will be banned (either starting it or continuing it).

# Wellington Sunday Football League Cup/Plate/Bowl Eligibility Rules

The WSFL Cups are a knockout series open to all teams entered in the current WSFL Competition.

These are usually separate competitions and teams can choose which Cup they wish to play in. (These may be changed to suit the competition)

This is a Knockout Competition.

## **Player Eligibility**

Players participating in the Cups must have played a minimum of **3 League games** for a team in the current league.

Once a player has taken the field for a team in the Cups then that player is cup tied to that team and may not play for any other team.

## **Tied Games**

Games tied after 90 minutes will go straight to Penalty Shootout. (best of 5)